



Inner Balance = Outer Beauty

We all want to look younger. Perhaps you are considering plastic surgery, botox injections, or microdermabrasion. If these are not options for you or you do not want to be so invasive with the only face you have, why not try an **Energy Light Rejuvenation™ Microcurrent Facial**? It is a viable, state-of-the-art, Holistic alternative.

Energy Light Rejuvenation's™ (ELR) exclusive combination of **Microcurrent** and **Therapeutic Light and Color** was developed according to the principles of Eastern medicine and Western technology by Darren Starwynn, O.M.D., L.Ac. of Phoenix, Arizona. With over twenty years of research and clinical study, he created the state-of-the-art *Acutron Mentor* Microcurrent Electro-

Medical device, which not only effectively provides holistic, non-invasive rejuvenation of the face, but treats pain and other conditions throughout the body as well.

What is Microcurrent?

Microcurrent is low intensity electrical stimulation in the millionths of an ampere (aka microamp). It has been shown to be the closest to the body's own electrical energy. Most other electro-facial devices on the market use electrical currents that are a thousand times greater in the milliamp range. I know what you are thinking. More is better, right? Wrong. These currents overpower the body's energy, decreasing its own innate healing abilities, and have very limited carryover effect.

What is Therapeutic Light and Color?

Therapeutic Light and Color is what sets ELR apart from other electro-facial treatments. LED light with customizable color is beamed onto the face directly adjacent to the microcurrent probe tip. Color has been shown to produce remarkable healing effects at the cellular level, enhancing ATP production and facilitating various mind-body healing processes. ELR provides a full spectrum of colors that are chosen depending on each individual's skin condition and body constitution, unlike other devices that only apply red or infrared light. Red light is the most yang of colors, which is good for deficient and pale skin. However, for any redness or heat or excess conditions commonly found on the face, it is contraindicated, especially for redheads and people with hypertension. Other colors available include yellow, which stimulates lymphatic cleansing; green, which builds muscle/tissue and lifts and balances the body's energy; and blue, the most yin of colors, which is calming for redness and heat conditions.

Beauty is Not Only Skin Deep

Your skin is the largest organ of your body. It reflects outwardly whatever conditions are occurring inwardly with your other organs, nerves, Blood, Qi, Yin or Yang. An added benefit of Facial Rejuvenation being performed by a Licensed Acupuncturist is the stimulation of acupuncture points on the face. In fact, eight of the energy meridians of your body begin or end on the face. Imbalances and stagnations in the body systems show up on the face as wrinkles, dark circles, and age spots. By moving the energy of the whole body through the facial acupuncture points, you truly get Inner Balance and Outer Beauty. You will leave with a calmer mind, relaxed body and rejuvenated appearance.

Energy Light Rejuvenation™ is a valuable tool for:

- stimulating collagen production
- lifting and toning the facial muscles
- reducing fine lines and wrinkles
- firming the skin tone
- diminishing blemishes and breakouts
- minimizing puffiness

All without the common side effects you get with other aesthetic procedures that are comparably priced, such as:

- redness
- flaking
- swelling
- discomfort
- downtime for healing

Generally, it is recommended to complete a whole series of 10-20 treatments, depending on your skin condition, in order to see lasting results. Like exercises for your body that are done several times per week to gain strength and endurance, each treatment will improve tone in the facial muscles and tissues in order for that younger appearance to hold up over time. After completing the series, 1 treatment every 2 months is recommended to maintain these results, your overall well-being, and your investment in you.



Applied with probes, Energy Light Rejuvenation™ is a pain-free, needle-free mode of Facial Rejuvenation, which has been used with much success in high-end spas and by celebrities around the world. You can even have it done the day of a big event, in order to look your best.

- **Microcurrent Facial Pricing:**
\$150.00 for a single 90-minute treatment
\$1,350.00 for a package of 10 treatments (a \$150 savings)

Call KimLabenski, L.Ac. at 541-948-9455 to get started today!

More information is available at Dr. Starwynn's websites: www.east-westseminars.com or www.vibrationalbeauty.com.